



Pagan Federation presents

# Aether Patches Gardening Quest



This quest pack has been designed to help children understand more about gardening, plants, associated magic, folklore, and nature. They'll discover fun tasks and seasonal changes on their own doorstep they can explore with each of their five senses.

## **Suggested challenge levels for different ages:**

### **Choose your challenges from across the 5 senses**

Amethyst (3-5 Years) : Complete a minimum of 3 challenges.

Topaz (6-9 Years) : Complete a minimum of 5 challenges.

Emerald (10-14 Years) : Complete a minimum of 7 challenges.

Ruby (14-18 Years) : Complete a minimum of 10 challenges.

Diamond (Over 18s) : Complete a minimum of 13 challenges or award yourself a badge for assisting young people in achieving the quest.

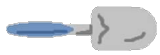
Once completed feel free to award the certificate and patch from our website

[www.pfcommunity.org.uk/aether-patches](http://www.pfcommunity.org.uk/aether-patches)

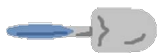


# Sight Challenges

Sight challenges are often about looking up information and learning about something new, something relating to this quest. Sometimes they are just about using your eyes to see what you can see



Plan/draw your ideal garden and think about why you'd like it to look that way. What would you have in it?



Have you any plants in your garden? Which ones? Look up and learn about them; you could include practical information like height and harvesting, as well as medicinal and magical uses, and any folklore associated with them. Don't forget to write it down in your journal.



Look up and learn about permaculture and companion planting.



The moon affects plants. Look up and learn what moon phases are best for which gardening activity. Write what you find in your journal.



Look up and learn how to incorporate the four elements into your garden.



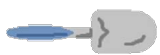
Research what creatures are good for your garden, and how to attract them. Write about them in your journal.



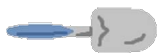
What mythological creatures are associated with the garden? Write about them in your journal.



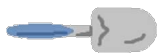
Look up and learn about the different uses for garden plants.



Look up and learn about the language of flowers.



Sit in the garden and watch the wildlife. Record what you saw.



Gardens come in all sizes, including very small. Find out what grows well in containers or a windowsill.

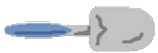


# Sound Challenges

Sounds often shape our interaction with the world.  
What do you hear?



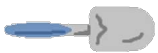
Can you find any songs about or that mention gardens? Listen to them.



Make/write a piece of music associated with gardens. It could be related to the different plants or wildlife, the folklore associated with them or how they make you feel, for example.



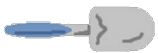
Write a poem about, or inspired by gardens. Don't forget to write it down in your journal.



Listen to the sound of the wind blowing through the grasses and trees.



Plant nectar rich flowers and enjoy the sounds of the bees when they visit.



Hang a bird feeder. Can you recognise what birds are visiting from their calls?



Add a water feature to the garden to hear the sound of the water in motion.



Add ornaments to the garden that make sounds. Eg., bells or wind chimes.



Find a story about a garden and read it.

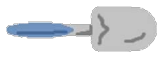


Make a grass trumpet by getting a piece of grass and holding it tight between your thumbs and blowing through it.

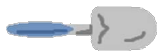


# Smell Challenges

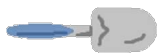
Smells have the power to trigger memories so have a go at these smelly and mind related activities



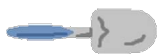
Many plants have a scent. Smell some different ones. Which do you like best? Write about them in your journal.



Make a cottage garden inspired incense. Record it in your journal.



Some garden plants are used in aromatherapy. Have a smell of some of these essential oils. Do you like the smell? How do they make you feel? Use some to fragrance your space in an oil burner or diffuser. Don't forget to write it down in your journal.



Plant a patch, container or window box of scented plants. What plants could you include?



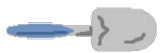
Smell the garden at different times of day. What differences do you notice?



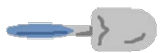
Smell the garden at different times of the year. What differences do you notice?



Petrichor is the smell of damp earth after rain. Go into the garden after the rain. Can you smell petrichor? How does it make you feel? Write about it in your journal.



Collect and dry flowers for pot pourri. Which ones did you use? Write it in your journal.



Smell is the strongest evoker of memories. What garden smells bring back a memory and why?

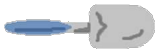


# Taste Challenges

Get your taste buds going with these food related challenges



Think about the deities or beings you honour. Do they like any food or drink offerings that can be made from the garden? If so, what? Don't forget to write it down in your journal.



Grow something edible in your garden. What did you grow?



Make something to eat with your garden produce. What did you make and did you like it?



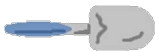
Decorate a cake to look like a garden.



Have a garden party or picnic in your garden.



Bake biscuits in the shape of something from the garden.



Look up which of your plants you can make herbal tea from and have a go. Which did you try and did you like it?



Make a savoury dish containing edible garden plants. What did you make and what plants did you use?



Find out which flowers are edible and make a colourful, flowery salad.



Turkish delight is made using rosewater. Have a go at making some or buy some from the shops. How does it taste? Do you like it?



Make food art either using produce from your garden, or inspired by the garden.



# Touch Challenges

The sense of touch is physical; so get hands on with these craft activities and challenges



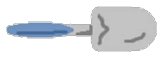
Create a garden phenology wheel by observing the changing seasons and drawing what appears in your garden each month.



Feel the texture of different plants, rocks or other items found in the garden. What textures did you discover?



Feel the earth in your garden. What does it feel like? What type of soil is it? Record your findings and thoughts in your journal.



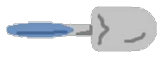
Create a wildlife haven in your garden.



Make a bee drinking station.



Craft a flowerpot out of an unusual item.



Create a garden altar.



When harvesting plants from the garden it's good practice to give them an offering of thanks. What offering would you give and why?



Make a windchime for the garden.



Make a picture using pressed flowers.



Laminate pressed flowers and leaves and turn them into plant ID spotters' cards. Alternatively if you make pairs, you could play snap.



Compost is really good for the garden. Have a go at making your own.



Make plant labels so you can remember what you growing and where in your garden.

